## A LIGHT BULB THEOREM FOR DISKS

Danica Kosanović (Paris 13), joint with Peter Teichner (MPIM Bonn)
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The main trick

## Space Level Light Bulb Theorem

## Theorem (Space Level LBT)

For $k \leq d \geq 1$ let $M$ be a compact smooth $d$-manifold with a pair of smoothly embedded spheres s: $\mathbb{S}^{k-1} \hookrightarrow \partial M$ and $\mathrm{G}: \mathbb{S}^{d-k} \hookrightarrow \partial M$, such that G has trivial normal bundle and $\mathrm{G} \pitchfork \mathrm{s}=\{p t\}$.

$\triangle$ Note that a dual pair $s, G$ does not exist in an arbitrary $\partial M$ !

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Then there is an explicit pair of homotopy equivalences

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\operatorname{Emb}_{\partial}\left(\mathbb{D}^{k}, M\right) \underset{\mathrm{amb}}{\stackrel{\mathrm{fol}^{\varepsilon}}{\leftrightarrows}} \Omega \operatorname{Emb}_{\partial}^{\varepsilon}\left(\mathbb{D}^{k-1}, M \cup_{\nu G} h^{d-k+1}\right) .
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- $\operatorname{Emb}_{\partial}\left(\mathbb{D}^{k}, M\right)=$ space of neat embeddings $K: \mathbb{D}^{k} \hookrightarrow M$ with $\left.K\right|_{\partial \mathbb{D}^{k}}=s$. Neat $=$ transverse to $\partial M$ and $K(X) \cap \partial M=K(\partial X)$.
- For $E=\operatorname{Emb}_{\partial}^{\varepsilon}\left(\mathbb{D}^{k-1}, M \cup_{\nu G} h^{d-k+1}\right)$ the boundary condition is $u_{0}:=\partial u_{+}$ and $\Omega E=\operatorname{Map}_{*}\left(\mathbb{S}^{1}, E\right)$ is the space of loops based at $u_{+}:=\mathrm{s} \cap h^{\mathrm{d}-\mathrm{k}+1}$.



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- Supscript $\varepsilon$ means each embedded disk is equipped with a "push-off"...
- Codimension increased by one! ( $\Longrightarrow$ right hand side is easier)


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## Special cases

$k=d$ : Recovers a theorem (and proof) of Cerf '68:

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\operatorname{Diff}_{\partial}^{+}\left(\mathbb{D}^{d}\right)=\operatorname{Emb}_{\partial}\left(\mathbb{D}^{d}, \mathbb{D}^{d}\right) \simeq \Omega \operatorname{Emb}_{\partial}\left(\mathbb{D}^{d-1}, \mathbb{D}^{d}\right) .
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In particular, $\pi_{0} \operatorname{Diff}_{\partial}^{+}\left(\mathbb{D}^{4}\right) \cong \pi_{1}\left(\operatorname{Emb}_{\partial}\left(\mathbb{D}^{3}, \mathbb{D}^{4}\right) ; \mathrm{U}\right)$.

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& k=3, d=4: \pi_{0} \operatorname{Emb}_{\partial}\left(\mathbb{D}^{3}, \mathbb{S}^{1} \times \mathbb{D}^{3}\right) \cong \pi_{1} \operatorname{Emb}_{\partial}\left(\mathbb{D}^{2}, \mathbb{D}^{4}\right) \text {, cf. Budney-Gabai. }
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## Picture Proof of Space Level LBT


$K: \mathbb{D}^{k} \hookrightarrow M$, with $\partial K=s$
$J: \square^{k} \hookrightarrow X:=M \cup_{\nu G} h^{d-k+1}$, with $\partial J=u_{-} \cup u_{+}$

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Can reverse this by removing a tubular neighbourhood of $u_{+}$in $X$, so can show

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$\operatorname{Emb}_{\partial^{\varepsilon}}\left(\mathrm{a}^{\mathrm{k}}, \mathrm{X}\right) \longrightarrow \operatorname{Emb}_{\mathbb{D}_{-}^{\varepsilon}}\left(\mathrm{a}^{k}, X\right) \xrightarrow{\left.K \mapsto K\right|_{\mathbb{D}_{+}^{e}}} \mathrm{Emb}_{\partial^{\varepsilon}}^{\varepsilon}\left(\mathbb{D}^{\mathrm{k}-1}, X\right)$

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The total space is contractible (shrink the half-disk to its $u_{-}^{\varepsilon}$-collar), so:

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Where: $\mathfrak{a m b} \mathfrak{b}_{U}$ is the connecting map (use the family ambient isotopy theorem to extend loops), $\mathfrak{f o l} l_{\mathrm{U}}^{\varepsilon}(K)$ is the loop of $\varepsilon$-augmented $(k-1)$-disks foliating the sphere $-\mathrm{U} \cup K$.

LBT for 2-disks in 4-manifolds

## The 4D setting

Let $M$ be an oriented compact smooth 4-manifold together with

- a knot s: $\mathbb{S}^{1} \hookrightarrow \partial M$,
- an embedded sphere $G: \mathbb{S}^{2} \hookrightarrow \partial M$,
so that s and G intersect transversely and positively in a single point.


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Notation. Let
- $m_{-}=s(-i) \in M$ be the basepoint and denote $\pi=\pi_{1}\left(M, m_{-}\right)$,
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We study the set of isotopy classes Emba $\left[\mathbb{D}^{2}, M\right]:=\pi_{0} \mathrm{Emb}_{\partial}\left(\mathbb{D}^{2}, M\right)$ of neat smooth embeddings $K: \mathbb{D}^{2} \hookrightarrow M$ which on $\partial \mathbb{D}^{2}$ agree with s.

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By Space Level LBT we have $\operatorname{Emb}_{2}\left[\mathbb{D}^{2}, M\right]:=\pi_{1} \operatorname{Emb}_{\partial}^{\varepsilon}\left(\mathbb{D}^{1}, M \cup_{\nu G} h^{3}\right)$ and we can compute the latter group.

## LBT for 2-disks

Theorem A. There is an exact sequence of sets
$\mathbb{Z}[\pi \backslash 1]^{\sigma} / \operatorname{dax}\left(\pi_{3} M\right) \underset{\underset{\text { Dax }}{ }}{\stackrel{+\mathrm{fm}(\cdot)^{6}}{ }} \operatorname{Emb}_{\partial}\left[\mathbb{D}^{2}, M\right] \xrightarrow{j} \operatorname{Map}_{\partial}\left[\mathbb{D}^{2}, M\right] \xrightarrow{\mu_{2}} \mathbb{Z}[\pi \backslash 1] /\langle r-\bar{r}\rangle$

In detail:

## LBT for 2-disks

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In detail:

- Wall's self-intersection invariant $\mu_{2}$ is surjective;
- $\mu_{2}^{-1}(0)=\operatorname{im}(j)$
$\cdot j^{-1}[K]=\left\{K+f m(r)^{G}: r \in \mathbb{Z}[\pi \backslash 1]^{\sigma}\right\}$
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## LBT for 2-disks

Theorem A. There is an exact sequence of sets

In detail:

- Wall's self-intersection invariant $\mu_{2}$ is surjective;
- $\mu_{2}^{-1}(0)=i m(j)$
$\Longleftrightarrow f: \mathbb{D}^{2} \rightarrow M, \partial f=s$, homotopic to an embedding iff $\mu_{2}(f)=0$;
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$\Longleftrightarrow$ the relative Dax invariant, given by a clever count of double point loops in a homotopy to $K$, detects the action:

$$
\operatorname{Dax}\left(K+\mathrm{fm}(r)^{G}, K\right)=[r] .
$$

## Picture of LBT for 2-disks

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$$
\mathbb{Z}[\pi \backslash 1]^{\sigma} / \operatorname{dax}\left(\pi_{3} M\right) \stackrel{\substack{\mathrm{fm}(\cdot) \\ \stackrel{+\mathrm{Dax}}{6}}}{\operatorname{tmb}}\left[\mathbb{D}^{2}, M\right] \xrightarrow{j} \operatorname{Map}_{\partial}\left[\mathbb{D}^{2}, M\right] \xrightarrow{\mu_{2}} \mathbb{Z}[\pi \backslash 1] /\langle r-\bar{r}\rangle
$$



Note: A similar construction by Gabai in "Self-Referential Discs and the Light Bulb Lemma".

Other results

## Special case: spheres with a common dual

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## Proposition

There is a bijection

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\text { - } \cup \nu_{x} G: E m b_{a}\left[\mathbb{D}^{2}, N \backslash \nu G\right] \stackrel{ }{\cong} \operatorname{Emb}^{G}\left[\mathbb{S}^{2}, N\right],
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where $s=\partial\left(\nu_{x} G\right): \mathbb{S}^{1} \hookrightarrow \partial(N \backslash \nu G)$ is a meridian circle of $G$ at $x \in G$, and its dual is a push-off of $G$ into $\partial(N \backslash \nu G)$.

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Observe: $\partial(N \backslash \nu G)=\partial N \sqcup \partial(\nu G)$ and $\partial(\nu G) \cong \mathbb{S}^{1} \times \mathbb{S}^{2}$. Conversely, if a 4 -manifold $M$ has a boundary component $\mathbb{S}^{1} \times \mathbb{S}^{2}$, attaching $\mathbb{D}^{2} \times \mathbb{S}^{2}$ to it takes us to the setup of spheres with a fixed dual.

## Other results

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If $M=N \backslash \nu G$ for a framed $G: \mathbb{S}^{2} \hookrightarrow N$, then $\langle r+\bar{r}\rangle \subseteq \operatorname{dax}\left(\pi_{3} M\right)$.
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Corollary [Gabai when $T_{N}=0$, Schneiderman-Teichner in general] The set of spheres homotopic to $[F] \in \mathrm{Emb}^{6}\left[S^{2}, N\right] \cong E m b_{\partial}\left[\mathbb{D}^{2}, M\right]$ is given by

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- Group structures on sets of isotopy classes, see the next slide.


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After choosing an arbitrary basepoint $\mathrm{U} \in \mathrm{Emb}_{{ }_{2}}\left[\mathbb{D}^{2}, M\right]$ this set becomes a group, with U as the unit and the commutator

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for $K_{1}, K_{2} \in \operatorname{Emb}_{\partial}\left[\mathbb{D}^{2}, M\right]$ and $\tilde{\lambda}=\left[\lambda\left(-U \cup K_{1},-U \cup K_{2}\right)\right] \in \mathbb{Z}[\pi \backslash 1]$.

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Moreover, the sequence of Theorem A becomes an exact sequence of groups, with the bijection $-U \cup \bullet: \operatorname{Map}_{d}\left[\mathbb{D}^{2}, M\right] \cong \pi_{2} M$ inducing a nonstandard group structure $\star$ on $\pi_{2} \mathrm{M}$ :

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Note:
$\operatorname{Emb}_{\partial}\left[\mathbb{D}^{2}, M\right]$ is almost never abelian (we have seen $\operatorname{dax}\left(\pi_{3} M\right) \subset \mathbb{Z}[\pi \backslash 1]^{\sigma}$ and $\lambda$ is rarely symmetric, so $\tilde{\lambda}$ not in the image of dax).

Thank you!

