

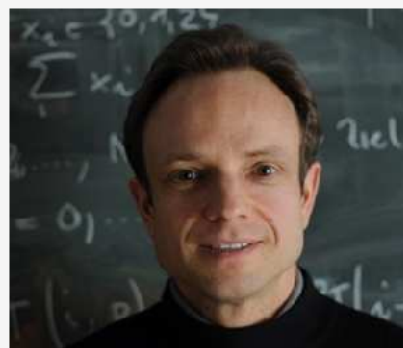
Homework Problem Video Tutorial

Problem 1-3: L^∞ -Norms Are Bounded by H^1 -Seminorms in 1D

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L^∞ -norm: $\|v\|_\infty := \max_{x \in \Omega} |v(x)|, v \in C^0(\bar{\Omega})$

H^1 -seminorm: $|v|_1^2 := \int_\Omega \|\text{grad } v\|^2 dx$

To show: $\|v\|_\infty \leq |v|_1$ for $v \in C_0^1([0,1])$

Theorem 1.3.4.17. First Poincaré-Friedrichs inequality

If $\Omega \subset \mathbb{R}^d, d \in \mathbb{N}$, is bounded, then

$$\|u\|_0 \leq \text{diam}(\Omega) \|\text{grad } u\|_0 \quad \forall u \in H_0^1(\Omega).$$

1D proof based on fundamental theorem of calculus

$$F(b) - F(a) = \int_a^b F'(x) dx$$

FTC $\forall u \in C_0^\infty([0,1]):$ $u(x) = \underbrace{u(0)}_{=0} + \int_0^x \frac{du}{dx}(\tau) d\tau, \quad 0 \leq x \leq 1.$

$$\|u\|_0^2 = \int_0^1 \left| \int_0^x \frac{du}{dx}(\tau) d\tau \right|^2 dx \stackrel{(1.3.4.15)}{\leq} \int_0^1 \left(\int_0^x 1 d\tau \cdot \int_0^x \left| \frac{du}{dx}(\tau) \right|^2 d\tau \right) dx \leq \left\| \frac{du}{dx} \right\|_0^2.$$

$\underbrace{\qquad\qquad\qquad}_{= u(x)^2}$
 $\uparrow$ Cauchy-Schwarz inequ. ≤ 1

FTC, because $u(0)=0$

$$|u(x)| = \left| \int_0^x u'(\tau) d\tau \right| \leq \left(\int_0^x 1 d\tau \right)^{\frac{1}{2}} \left(\int_0^x |u'(\tau)|^2 d\tau \right)^{\frac{1}{2}}$$

$$\leq \left(\int_0^1 |u'(\tau)|^2 d\tau \right)^{\frac{1}{2}} = |u|_{H^1([0,1])}.$$

$x \in [0,1]$ is arbitrary $\Rightarrow \forall x$

② Q: Where did we use $u(0) = u(1) = 0$
 $\hookrightarrow$ never used!

Warning: $d > 1$: $L^\infty \not\subset H^1$
 point evaluation functional unbounded!

b)

Theorem 1.9.0.8. Multiplicative trace inequality ($M+I$)

$$\exists C = C(\Omega) > 0: \|u\|_{L^2(\partial\Omega)}^2 \leq C \|u\|_{L^2(\Omega)} \cdot \|u\|_{H^1(\Omega)} \quad \forall u \in H^1(\Omega).$$

1D: $\Omega =]a, b[\Rightarrow \|u\|_{L^2(\partial\Omega)}^2 = u(a)^2 + u(b)^2$

Idea: Choose $\Omega =]0, x[$, $u \in C_{0,pw}^1(\Omega)$

$$u(x)^2 + \cancel{u(0)^2} \leq C \|u\|_{L^2(]0,x[)}^2 \|u\|_{H^1(]0,x[)}$$

Now use that the norms increase when the interval increases

$$\begin{aligned} &\leq C \|u\|_{L^2(]0,x[)}^2 \|u\|_{H^1(]0,x[)} \\ &\leq C \|u\|_{H^1(]0,1[)}^2 \quad \forall x \in]0,1[\end{aligned}$$

③





